

Food and Drug Administration  
Center for Food Safety and Applied Nutrition  
Office of Special Nutritionals

ARMS#

12487



0 - FRONT

[REDACTED]

Dr. Lynn Larson  
Food and Drug Administration  
Washington, D.C.

Dear Dr. Larson,

On July 15, 1994, I suffered a stroke which was caused by the Chinese herb, mahuang.

I had been taking the herb, which contains ephedrine, as a health food supplement for energy. I would take the recommended dosage before my workouts. One morning I awakened feeling very strange and suffered the stroke as I tried to make coffee. Being 29 years old and in top physical shape the doctors were amazed that I suffered a stroke.

I could not believe that something sold as a health food could be so destructive. This is not a health food but a drug which should not be sold or used, especially as a health food supplement. I learned the hard way and still have memory, speech, balance, cognitive thinking and muscle weakness problems.

Mahuang (ephedrine) is a dangerous drug that should be banned before more unsuspecting innocent people are seriously injured or killed. Please feel free to contact me.

Sincerely,  
[REDACTED]

08/26/96 12:59 [REDACTED]

002/003

August 26, 1996

Dr. Lynn Larsen  
CF San  
Food & Drug Administration  
HFS-5  
200 C. Street, S.W.  
Washington DC 20204

Dear Dr. Larsen:

We are pleased to submit for the record and consideration by the Advisory Committee the enclosed statement of Mr. [REDACTED]. Mr. [REDACTED] a 29 year old police sergeant suffered a stroke which we contend was caused by his use of the herb, Ma Huang, manufactured by Ultimate Nutrition Products. Credible medical evidence supports the foregoing contention. Note that documentation regarding the Ephedrine content of Ultimate Nutrition brand Ma Huang can be found as an exhibit to the deposition of [REDACTED] which we previously provided.

Mr. [REDACTED] has brought a class action against, inter alia, the manufacturer, and seller of the subject product. This class was recently certified by the District Court in the [REDACTED].

Obviously, we feel that Mr. [REDACTED] case is serious and merits the Committee's consideration. Should you have any questions, feel free to contact us.

Enclosure

R-96X

AUG-26-1996 16:49 [REDACTED]

08-26-96 01:05PM P002 #50

000002 P.002